Opioid agonist therapy (OAT) is evidence-based treatment for opioid use disorder, often using medications like buprenorphine or methadone. OAT decreases the risk of overdose death and improves pregnancy outcomes.

Surveying OAT providers in 4 Appalachian states in 2017 revealed

- **91%** of opioid treatment programs accepted pregnant patients.
- **53%** of buprenorphine providers accepted pregnant patients.

OAT providers were less likely to treat pregnant women.

Only **1/2** of providers accepted any insurance.

Wait times: **>2x** longer for pregnant women with insurance than for those paying cash.

Percentage of OAT providers accepting Medicaid, Private Insurance, & Cash:

- WV: 100%
- NC: 50%
- KY: 0%
- TN: 0%

**Recommendations**

- Train OBs & other providers to prescribe buprenorphine.
- Enhance reimbursement rates to improve insurance acceptance.